



theSpa

A SUN SIYAM SPA

Experience the ultimate pampering of your senses with our range of exotic massages while you relax and soothe your soul in our private luxurious Spa Pavilions.

Taking holistic approach to health and wellness, incorporating the healing principles of the east meet west with specific focus on the ancient traditional healing practices and aromatherapy.



THE SPA JOURNEYS

This ultimate indulgence to share with your most loved one. Plunge into the deep bliss of couple or single packages every day and return home refreshed, energized, and glowing with health and vitality.



ROMANCE AT OLHUVELI

135 minutes (Couple)

Begin the 'Romance' with Hydrotherapy, then lay back and savor the pleasures of our relaxing Couple's Massage using our specially blended oil with the most exotic aromas. To complete this whole-body ceremony, you will be treated to a gentle, yet deeply cleansing refresher facial. A Romantic Flower Bath surrounded by candlelight and topped off with a glass of wine to tingle your emotions ends this heavenly opulence.

CHOCOLATE DELIGHT

135 minutes (Couple)

This Bon-Bon treatment begins with Hydrotherapy and a Footbath ritual. Enjoy an invigorating Chocolate Scrub, during the ensuing full-body Chocolate massage, you will forget any worries you've ever felt. Then take a quick dip into a Chocolate bath before finishing this luscious experience with a tasty Chocolate moisturizer and chocolate drink.

INSTANT RELIEF

90 minutes (Single)

Designed to promote an instant renewal for your exhausted physique, begin your journey with Hydrotherapy followed by a Jet lag recovery Massage to relax your body and mind. A refresher facial to complete the journey.

3 DAYS AYURVEDA JOURNEY

60 minutes per day (Single)

All Ayurveda massage is performed with warm herbal oils infused with Ayurvedic herbs, reaching deeper tissue and bones and detoxifying the body by stimulating lymphatic drainage.

Day 1

Abhyanga

Day 2

Shirodhara

Day 3

Kativasthi

MASSAGES

SUN SIGNATURE EXPERIENCE

90 minutes

This signature treatment exfoliates and moisturizes your dry skin. Nourishing fresh coconut and lime with Olhuveli fine sand scrub will apply to your body to get rid of dirt and dead skin cells Followed by relaxing full body massage combined with shiatsu, kneading, Hawaiian Lomi-Lomi, and Swedish massage techniques to calm your body, mind, and spirit.

TENSION RELIEF

60 minutes

This full-body massage uses Swedish and deep-tissue massage techniques. The aroma of lemongrass melts tensions away while Sweet Orange and Vetiver helps to create inner peace. This treatment is very helpful for people who hold a lot of tension in their body and mind.

DETOK CELLULITE MASSAGE

60 minutes

Our detox cellulite massage uses orange & patchouli detox oil with powerful healing properties to break down fat and tone the body. The massage process also improves blood circulation while attacking the cellulite deposits under the skin. This treatment is effective if continued for 3 sessions.

MOM TO BE MASSAGE

60 minutes

Experience a healthy way to reduce stress and promote body flexibility during pregnancy with our homemade coconut oil. A gentle side-lying massage to release tension in the back and the legs of the mother to be, recommended after the first trimester only.

FOOT RELIEF

30 minutes/60 minutes

An ancient method of stimulating specific pressure points on the feet to open the body's energy pathways, leaving you balanced and with restored clarity. This massage helps to relax the whole body, helping you to sleep better, and leaving you with a rejuvenated energy to bring to your day.

QUATTRO MANI 4 HANDS

60 minutes

This massage is amazingly performed by two therapists with four hands together to work on your exhausted body in synchronized movement. Combined with the synergy of essential oils, shiatsu, kneading, Hawaiian lomi-lomi, and Swedish massage techniques will de-stress and loosen up your body and be perfect for those who have been working hard or need pampering.

WARM BAMBOO

75 minutes

Bamboo massage has many healing properties which help to relieve muscle tension, improve joint function; increase circulation, and helps to enhance quality of sleep. It will also make you feel relaxed but energized at the same time. This heated bamboo will roll and knead the tissue to create an extreme sensation of relaxation and well-being.

RELAXATION DUO

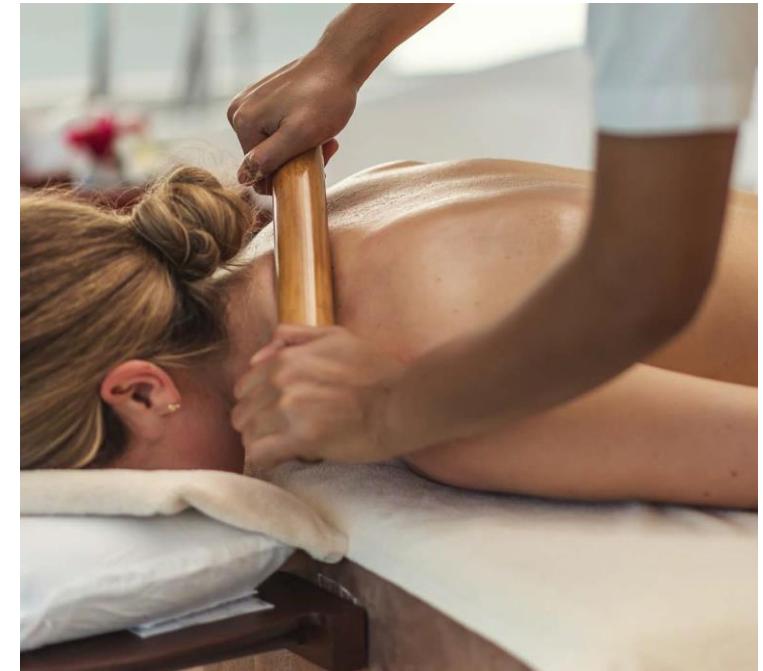
90 minutes

Indulge in our 90-minute relaxing duo package, designed to melt away stress and leave you feeling refreshed. Begin with a soothing full-body massage, expertly tailored to ease tension and relax your muscles. Continue with a rejuvenating foot massage, melting away fatigue and leaving your feet feeling soft and pampered. Finish feeling serene, relaxed, and rejuvenated.

VEYO MODUN

75 minutes

Let us nurture your body to health and relaxation with pure tropical bush "Velambuli" harvested directly from Olhuveli Gardens. Concentrating on joints and tense zones we apply the warm Velambuli herbal compress mixed with pure coconut oil followed by gentle massage movements. This treatment is effective in providing strength to the muscles, ligaments, bones, and joints.



AYURVEDA

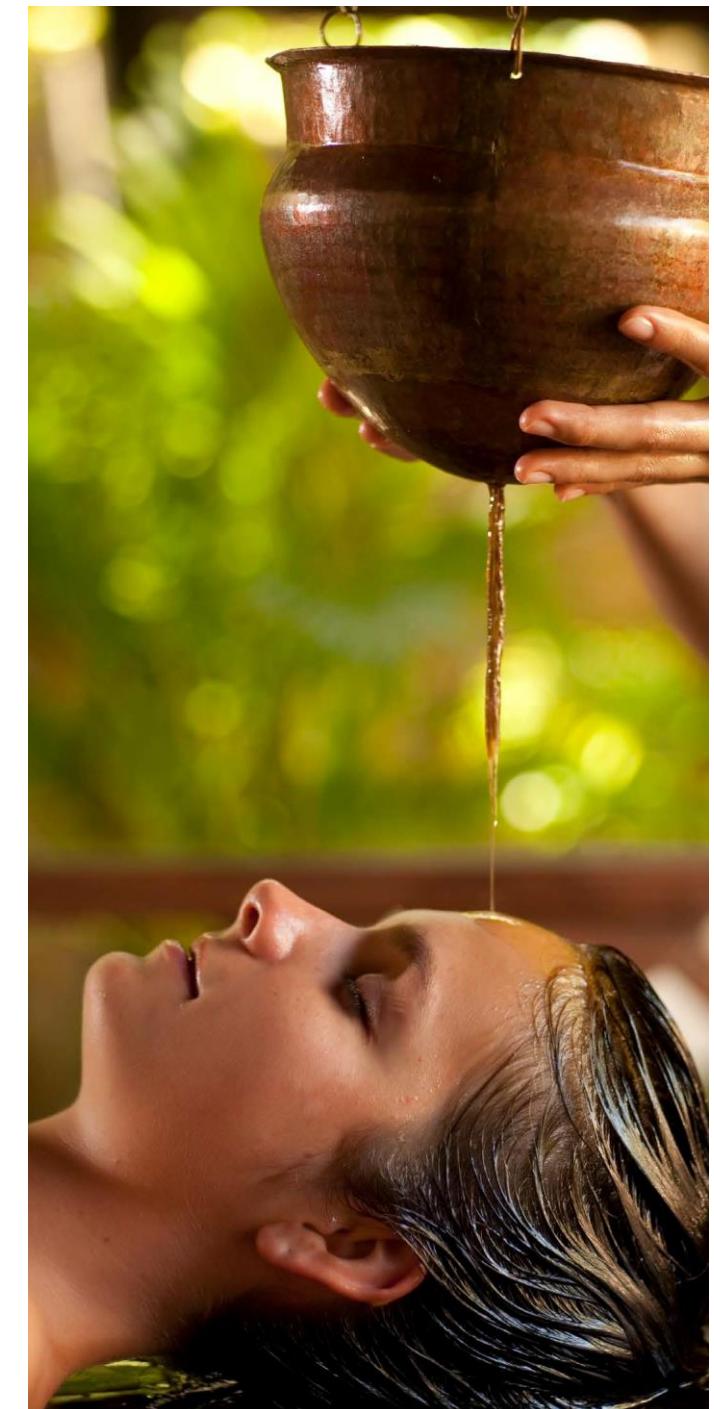
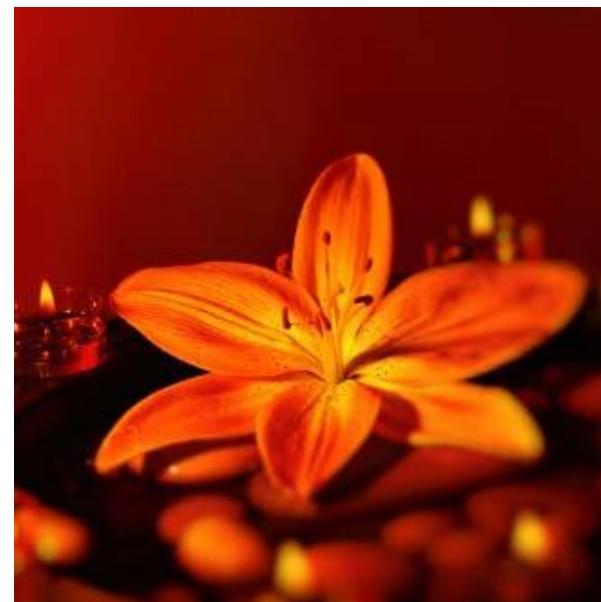
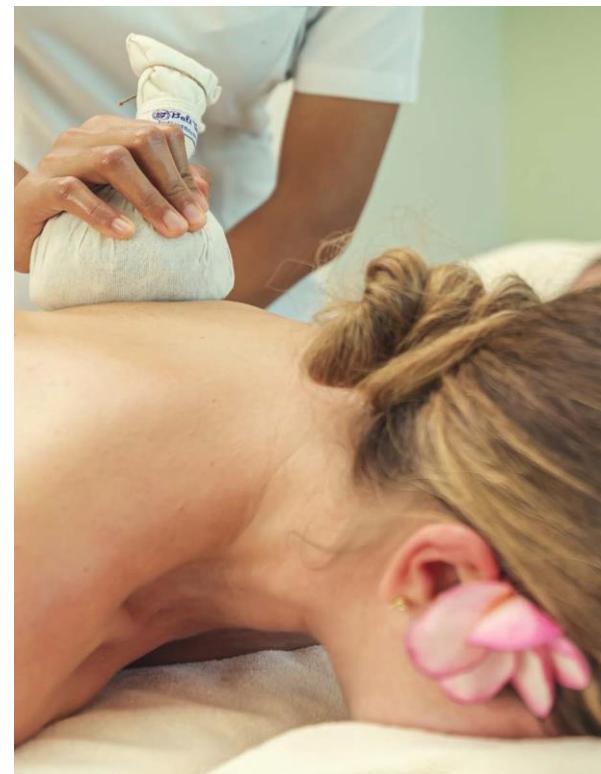
It's based on the belief that health and wellness depend on a delicate balance between the mind, body and spirit. Its main goal is to promote good health, not fight diseases. Ayurveda treatment balancing the doshas, calming and steadyng the body and mind, and grounding the nervous system, make it an important part of a healthy lifestyle.

SIRODHARA

60 minutes

An Abhyanga full body massage will balance the energies using warm Ayurvedic herbal oil with soothing flowing massage techniques. The oil is continuously poured on the forehead area also known as the third eye. Best treatment to cure headaches, sinusitis, anxiety, premature hair greying, insomnia, and depression.

The treatment is effective if continued for 3 sessions.



KATIVASTHI

60 minutes

Kativasti is the most powerful Ayurvedic treatment to ease lower back pain and spinal aches. Our therapist will pour warm oil inside dough which is built around the lower back combined with a body massage and warm Murivena oil.

ABHYANGA

60 minutes

Abhyanga in Sanskrit means "Oil Massage" which is a form of Ayurvedic medicine that involves massage of the body with large amounts of warm oil. This massage is performed with warm herbal oils infused with Ayurvedic herbs, reaching deeper tissue and bones and detoxifying the body by stimulating lymphatic drainage.

INDIAN HEAD, NECK & SHOULDER MASSAGE

30 minutes

Marma points located on the head, neck, and shoulder are stimulated while you are comfortably seated. This treatment has distinct healing properties to relieve tense muscles, increase blood circulation around the head, and reduce hair loss.

BODY WORKS

Our selected choice of body scrub and wraps encourage the elimination of toxins and stimulate circulation to bring vitality to your skin.

ALOE VERA AFTER SUN

50 minutes

Anti-inflammatory, repairing and soothing for sunburn, dehydrated and damaged skin. This full-body experience refreshes and replenishes sun-damaged or overheated skin by reducing bodily heat. Aloe Vera calms and soothes sunburn or sensitivity.



ANTI-CELLULITE SCRUB

45 minutes

Coffee & Orange scrub is specifically formulated to actively target cellulite, stretch marks, acne & eczema. With caffeine from only the best Arabica beans, this scrub provides deep skin exfoliation that leaves the skin fragrant and incredibly soft.

RE-HYDRATING LIME & COCONUT SCRUB

45 minutes

Locally grown coconut finely grated, fresh lime mixed with sea salt, is applied to your body as a gentle scrub. Suitable for dry or sensitive skin types.

COFFEE BODY SCRUB

45 minutes

Boost your skin's vitality with our Coffee Body Scrub. This 45-minute treatment exfoliates and nourishes, leaving your skin feeling soft, smooth, and invigorated.



STAY A LITTLE LONGER Add-On

Aroma Floral Bath	20 minutes
Hydrotherapy Hands or Foot Ritual Scalp	30 minutes
Massage	15 minutes

FACE THERAPY

Your skin is a true reflection of internal wellness. Our Facials aim to minimize the adverse effects of our modern lifestyle to help make a better connection between your body, mind, and emotions.

Our products employ purely natural ingredients only – chemical-free skincare for everyone!

ALL-NATURAL TROPICAL FACIAL

50 minutes

Pamper your skin with nature's revitalizing and beautifying properties and emerge radiant with an all-natural glow. With the use of natural ingredients and a combination of coupled light touches and soft strokes, this facial will help detoxify and improve skin lymph flow with a youthful effect. Suitable for all skin types.

FRAGRANCE FACIAL

50 minutes

With excellent emollient properties and delicately fragrant, this facial uses rose essential oil to soothe the skin, rich in vitamin E as a natural antioxidant. Deeply nourishing and suitable for sensitive skin types, this facial will leave your skin silky smooth and moisturized.





BEAUTY & CLASSY

Our grooming and beauty Services offer a variety of pampering sessions from manicure-pedicure, Haircut, makeup, hairstyle, and hair braiding. This beauty service is designed to enhance your appearance and present the best version of you.

HAIR & NAILS

Manicure or Pedicure 40 minutes

Enjoy our manicure or pedicure to clean and nourish your nails. This is followed by a relaxing massage and thorough nail-buffing to induce a stunning shine, improve the health of your nails, and keep your hands and feet smooth and soft.

Nourishing Hair Mask 30 minutes

Hair masks are the solution when you experience extremely dry, damaged hair. This moisturising hair mask helps optimize moisture balance for healthy-looking hair.

SALON SERVICES

Men's or Ladies Haircut	30/60 minutes
Makeup	50 minutes
Hair Style (Curly/Straightening)	50 minutes
Wash & Blow Dry	30/60 minutes
Trim & Shave	20 minutes
Hair Braiding	15 minutes
Nail Polish	20 minutes
Bridal Makeup & Stylist	100 minutes





OPENING HOURS

9am to 8pm

SPA COMFORT & AMBIENCE

The spa environment is one of tranquility and relaxation. Please respect the quiet atmosphere and privacy of other guests by speaking in a soft voice or simply enjoy the silence. Cell phones and other electrical devices are discouraged, and ring tone maybe switched to silence or vibrate only mode while enjoying the spa. Smoking is prohibited throughout the spa premises.

RESERVATION

For more information and/or booking, please contact our spa reception at Ext. 2109. We highly recommend booking your treatment in advance to ensure that your preferred time and service is available. Please notify the spa concierge of any health conditions, allergies or injuries that could affect your treatment or use of the spa facilities.

ARRIVAL TIME

Please arrive at the spa reception at least 15 minutes prior to your scheduled appointment. This allows us to have consultation with you to understand any of your concerns and to allow you to check-in, change to spa attire and unwind for your treatment.

SPA ATTIRE

Spa attire and a locker for storing your personal belongings will be provided to you for your comfort. Swim wear is required for plunge pool.

LOSS OR DAMAGE

It is recommended that all valuables' items or jewelry are left in your villa safe. The management and staff accept no responsibility for any loss or damage of valuables to your personal article in the spa premises.

CANCELLATION POLICY

Please allow at least three (3) hours' notice for cancellation or rescheduling of your treatments. Cancellations with less than three hours' notice of the appointment time will incur a 100% charge.

PAYMENT METHODS

All prices are in US Dollars. Includes 10% service charge and applicable taxes.

PRICES

THE SPA JOURNEYS

Romance at Olhuveli - couple *	135 minutes	375.00 ++
Chocolate Delight couple *	135 minutes	325.00 ++
Instant Relief - single *	90 minutes	126.00 ++
3 Days Ayurveda Journey - single *	60 minutes per day	250.00 ++

MASSAGES

Sun Signature Experience *	90 minutes	170.00 ++
Tension Relief *	60 minutes	150.00 ++
Detox Cellulite Massage *	60 minutes	138.00 ++
Mom to Be Massage	60 minutes	138.00 ++
Foot Relief	30 Minutes	50.00 ++
Quattro Mani 4 Hands *	60 minutes	170.00 ++
Warm Bamboo *	75 minutes	170.00 ++
Relaxation Duo *	90 minutes	170.00 ++
Veyo Modun *	75 minutes	170.00 ++

AYURVEDA

Shirodhara*	60 minutes	150.00 ++
Kativasthi	60 minutes	138.00 ++
Abhyanga	60 minutes	120.00 ++
Indian Head Massage	30 minutes	55.00 ++

BODY WORKS

Aloe Vera After Sun	45 minutes	75.00 ++
Anti Cellulite Scrub	45 minutes	65.00 ++
Re-hydrating Coconut Scrub	45 minutes	55.00 ++
Coffee Body Scrub	45 minutes	55.00 ++

* Massages applicable for \$50 credit.

All prices are in US Dollars, subject to a 10% service charge and 17% T-GST.

FACIAL

All-Natural Tropical Facial	50 minutes	80.00 ++
Fragrance Facial	50 minutes	85.00 ++

BEAUTY & CLASSY

Manicure or Pedicure	40 minutes	59.00 ++
Nourishing Hair Mask	30 minutes	55.00 ++
Men's or Ladies Haircut	30/60 mins	35.00 ++/59.00++
Makeup	50 minutes	75.00 ++
Hair Style (Curly /Straightening)	50 minutes	69.00 ++
Wash & Blow Dry	30/60 mins	30.00 ++/55.00++
Beard Style & Shave	20 minutes	25.00 ++
Hair Braiding	15 minutes	25.00 ++
Nail Polish	20 minutes	30.00 ++

STAY LITTLE LONGER 'Add-On

Aroma Floral Bath	20 minutes	25.00 ++
Hydrotherapy	30 minutes	30.00 ++
Hands or Foot Ritual	15 minutes	20.00 ++
Scalp Massage	15 minutes	20.00 ++

KIDS SPECIAL

Express Aroma Massage	30 minutes	35.00 ++
Honey Cucumber Facial	20 minutes	25.00 ++
Mini Mani Padi	20 minutes	25.00 ++
Bon-bon Chocolate Scrub	20 minutes	25.00 ++





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A SUN SIYAM RESORT